



FIRST 5

SAN FRANCISCO

CHILDREN AND FAMILIES COMMISSION

All centers in the initiative offer the same standard set of core services, including:

- ◆ Monthly educational and informational workshops
- ◆ Parent education class series
- ◆ Ongoing support groups for fathers, grandparents, mothers, and parents
- ◆ Fun parent child interactive activities and family events
- ◆ Opportunities to build leadership skills and strengthen the surrounding community
- ◆ One-on-one support as identified by individual family need such as food, housing, employment, child care
- ◆ Assistance with family reunification

Contact:

Theresa Zighera, MSW
1390 Market Street, Suite 318
San Francisco, CA 94102
(415)934-4873 Phone
(415)565-0494 Fax

theresa@first5sf.org
<http://www.first5sf.org/frc>

First 5 San Francisco Mission

*To instill an enduring obligation in residents and government to ensure the opportunity for optimal health and development for every child living in San Francisco county
Children will reach their full potential.*

Families will be empowered and engaged civic partners

The Vision of the San Francisco Family Resource Center Initiative is to create a coordinated city-wide service system that strengthens families and communities to ensure healthy childhoods for San Francisco's children and youth.

Funded centers will:

- 1) Provide families with access to services and opportunities
- 2) Build parent knowledge and skills
- 3) Provide intensive support services for families in need
- 4) Promote community development.

First 5 San Francisco invests in programs that support families with young children age prenatal to five, a critically important time in a young child's development. Our Family Resource Center Initiative is one of two primary service delivery platforms for our investments. Within each of these platforms we integrate health, mental health, and early intervention services as well as services to promote and build quality. Together these integrated health, child development and family support activities help ensure that children have every opportunity to be healthy, learn and grow in supportive, loving communities and families.

About the Family Resource Initiative

In 2009, First 5 San Francisco, the Department of Children Youth and Their Families, and the San Francisco Human Services Agency joined together to develop a single, aligned Family Resource Center Initiative. These three county departments established a common vision, shared goals, and a braided model of funding that allowed for increasing service intensity based on neighborhood need. The resulting Family Resource Center Initiative, lead by First 5 San Francisco, funds a network of 25 centers with expertise to serve specific neighborhoods and target populations county-wide. Half of the centers have staff trained to deliver specialized child welfare services, including supervised visitation and differential response. The initiative has become a locally recognized model for successful service delivery to high-need communities and vulnerable populations of families.

